



Centering Prayer Introductory Workshop

Led by
Dr. Barbara Ray
at

Grace Episcopal Church
20 Belvoir Avenue
Chattanooga, Tennessee

Saturday, March 3, 2012
9:30 AM –3:00 PM

Centering Prayer is a contemplative form of prayer that is both a relationship with God and a discipline to foster that relationship. It is a silent form of prayer where one listens to God with the intention to consent to God's presence and action in one's life.

The registration fee is \$25.00 with a \$5 discount for students. Pre-registration is preferable for planning purposes and is requested by February 27th, but registrations will be accepted the day of the event. Lunch with a vegetarian option is provided. Six follow-up sessions are available at no additional cost.

To register, mail your name/address/phone # with fee made payable to Grace Episcopal Church, putting Centering Prayer in the memo line.

For more information contact Barbara at 423-490-0735
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