



Centering Prayer Introductory Workshop

Led by
The Rev. Tom Ward
at
First Baptist Church
200 East Main Street
Murfreesboro, Tennessee

Saturday, February 25, 2012
9:00 AM –3:00 PM

Do you want to deepen your relationship with God in 2012? Would you like to establish a discipline of praying to feel God's presence during your quiet time? Centering Prayer is a method of praying designed to help us open our minds and hearts - our whole being - to God in a way that goes beyond thoughts, words and emotions. Also called the Prayer of Simplicity, Centering Prayer presents the teaching of earlier times in an updated form where we consent to God's presence and action in our lives. Practicing Centering Prayer daily can change your life.

On Saturday, February 25, First Baptist Church, St. Paul's Episcopal Church, and Central Baptist Theological Seminary Tennessee will host a workshop on Centering Prayer led by Rev. Tom Ward. We will meet from 9 am to 3 pm at First Baptist Church, 200 E. Main Street. Lunch will be provided. Cost for the workshop is \$10. Contact Donna Loggins at 615-893-2514 or DLoggins@fcbmboro.org by Friday, February 17 to make your reservation.

Six optional follow up sessions will be held on March 4, 11, 18, 25, April 1 and 15 at the church.

If you have questions, please contact Ircel Harrison at 615-423-8223 or iharrison@cbts.edu.